



Trauma Informed Practice (Micro-credential)



Domestic Fees

\$996.00



Intakes

20/04/2026



Campus

New Plymouth



witt.ac.nz



About this course

This ten-week micro-credential consists of 8 weeks online learning and a two-week study break. An 8-hour face-to-face workshop is delivered on campus in Week 1 and Week 8 (Workshop1 Friday April 24th and Workshop2 Friday June 12th). The course includes 150 hours of learning with an estimated commitment of approximately 15 hours per week.

Designed for professionals, this course enhances your proficiency in Trauma-Informed Practice, equipping you with the principles, knowledge, and practical skills to support people with multi-dimensional experiences of trauma— while also considering the well-being of their whānau.

This Level 7 course challenges perspectives, deepens understanding, and strengthens professional practice. You'll gain insights into trauma-informed approaches that honour people's experiences, empower resilience, and promote well-being—both for those you work with and for yourself.

With expert guidance and academic support you'll develop the tools to embed trauma-informed care into your everyday work as you gain a holistic understanding that includes the impact of trauma from a historical and intergenerational perspective in Aotearoa.

Join us in transforming practice through knowledge, empathy, and action.

Enrol now or get in touch for more details:

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What You'll Gain

Comprehensive Understanding of Trauma –

Critically analyse the widespread impact of multidimensional trauma on individuals, considering their physical, emotional, psychological, and social well-being.

Evidence-Based Decision Making – Utilise a range

of in-depth sciences to inform clinical judgement and decision-making, applying a trauma-informed approach in your professional practice.

Reflective & Safe Practice – Critically examine and reflect on your own practice and knowledge to deliver trauma-informed care across health, social services, education, and justice sectors—while also ensuring your own well-being.